

Other Sources of Local Help

Help and Kindness

A great website collating all help and support available including shops who will take payment over the phone and do deliveries. If you put COVID 19 and your postcode in the search terms you get all relevant local info and phone numbers.

More Information <https://www.helpandkindness.co.uk/>

Dorset Council

Food banks that are up and running and being supported by the Council. The current list can be found on the following link to the Council's website

More Information. <http://:%20https://www.dorsetcouncil.gov.uk/emergencies-severe-weather/emergencies/coronavirus/community-response/i-need-help-or-i-know-someone-who-needs-help-coronavirus-information.aspx>

Shielded

There is help for people who are registered as Shielded.

If someone is "Shielded" that means they have a medical condition and have had a letter from the NHS saying they need to take special care. The letter will have let them know that if they cannot afford food at this time they can access a free weekly government food parcel. They can register with the national website or telephone number for this as described in the letter.

If no parcel has arrived please call this helpline number as Dorset Council have supplies they can get to you.

There is help for anyone who cannot access food, medicine or other essentials

For anyone who needs help whatever their situation and it unsure what to do they can phone the local Dorset Council number and get the support they need. These contact details are for anyone who needs help and who has no family, friends or community support.

01305 221000 8am to 8pm daily including weekends.

communityresponse@dorsetcouncil.gov.uk

It will be answered by Dorset Council Customer Services. They will refer people elsewhere as required, but will also answer people's queries and put in place support, such as arranging food deliveries, medicines etc. There will be people who can afford food but cannot access it due to self isolation, they can phone this number and will be linked up with volunteers who can shop for them.